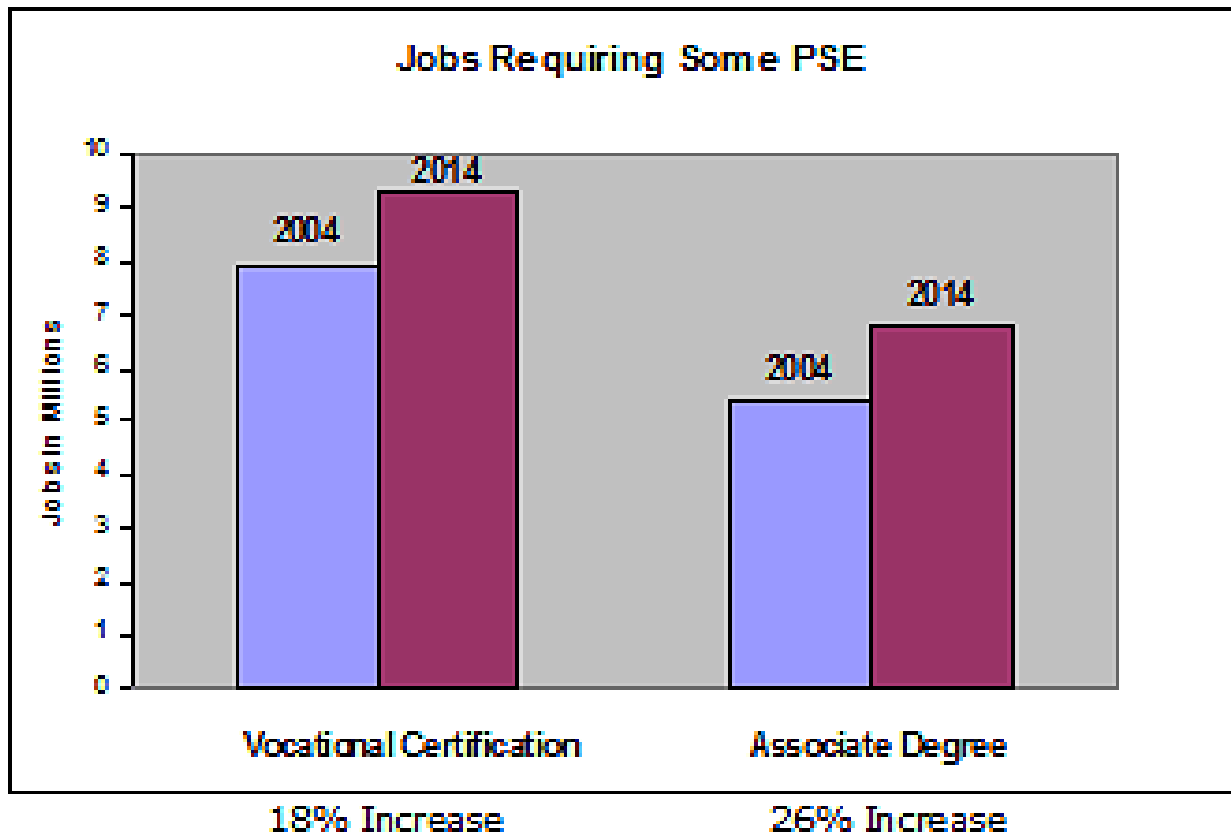


Career Exploration and Planning: Integrating Career Awareness into Programming

Priyanka Sharma
National College Transition Network
World Education, Inc.



Career Planning and Exploration – Why?



Skills2Compete, Forgotten Jobs, 2007

Career Planning and Exploration – Why?

Research shows that:

- When adults have specific goals and when their progress is measured and acknowledged, they are more likely to persist in their pursuit of education.
- When students have the prospect of obtaining good, stable jobs, they often master basic math and science far more quickly.
- In a study of high school graduates, those who made the connection between their career interests and college were found to be six times more likely to complete a Bachelors degree.

Comings, J., Parella, A., & Soricone, L. (2000, March). Helping adults persist: Four supports. *Focus on Basics*, 4(A).

Liebowitz, M. & Taylor, J. C. (2004, November). Breaking through: Helping low-skilled adults enter and succeed in college and careers. Boston, MA: Jobs for the Future

Bedsworth, W., Colby, S., & Doctor, J. (2006, October). *Reclaiming the American dream*. The BridgeSpan Group.

Career Guidance

- ▶ Take a minute and think about where you sought career guidance?
- ▶ Where do you think your adult students turn to for career guidance?
- ▶ Share with the person to your right.



WHAT DO YOU WANT TO BE WHEN YOU GROW UP?

ELEMENTARY SCHOOL

"What do you want to be when you grow up?"



HIGH SCHOOL

475 Students : 1 Counselor



Uneven quality and quantity of career counseling. Students not necessarily focused on careers.

62%

Immediate entry into college after high school

38%

Entry into the workforce after high school

COLLEGE

1000 Students : 1 Career Counselor



LOWER-WAGE WORK

Almost no career counseling



Unions might provide training in some form of apprenticeship, but only to very few people.

HIGHER-WAGE WORK

Some career counseling



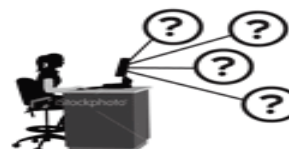
People in good jobs for well resourced companies are more likely to receive some career counseling



Some workers might hire a private career coach

UNEMPLOYMENT

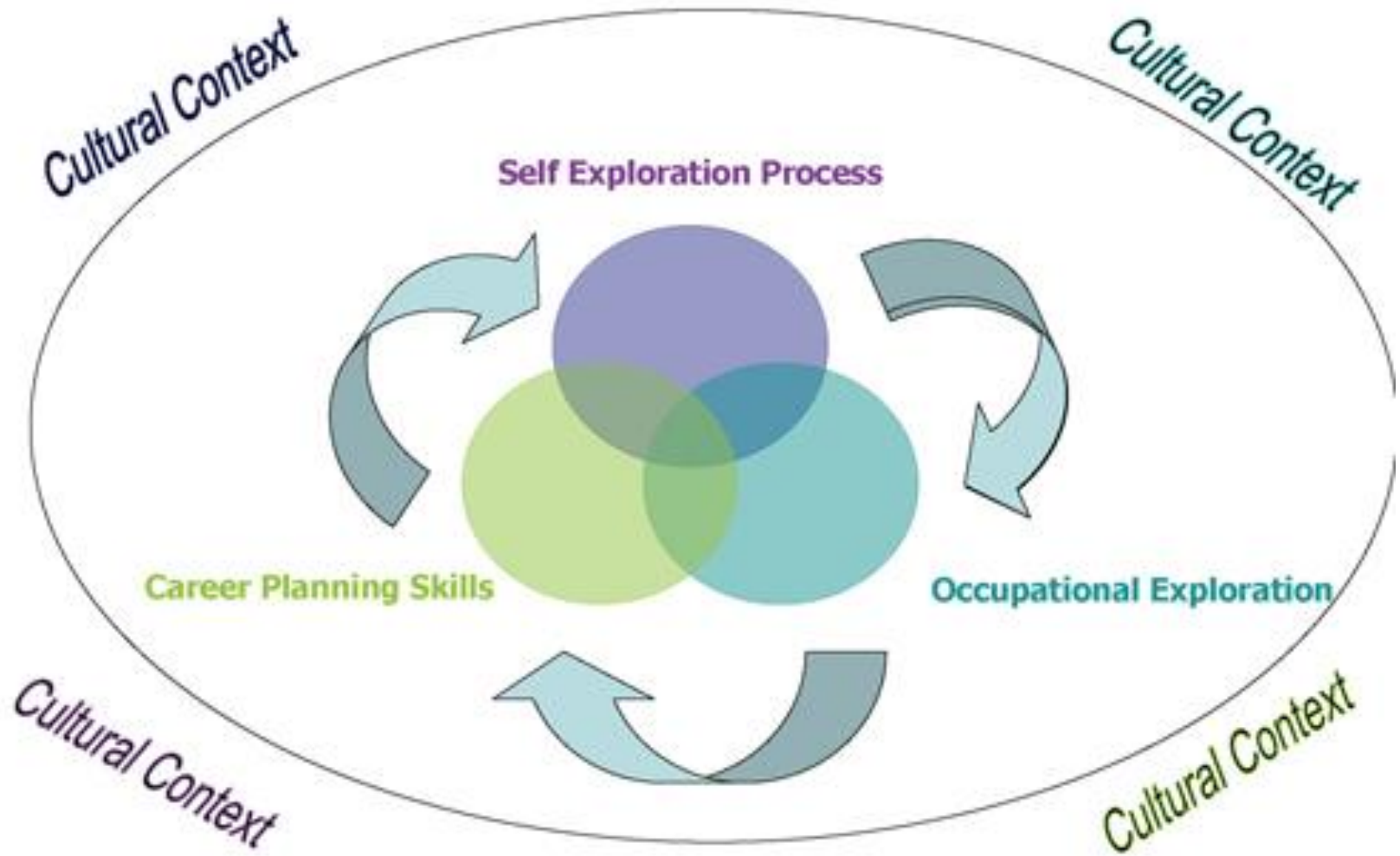
Some may access assistance at One Stop Career Centers or community-based organizations, but it is limited.



Unemployed workers may try to find help online, where resources are scattershot and confusing.

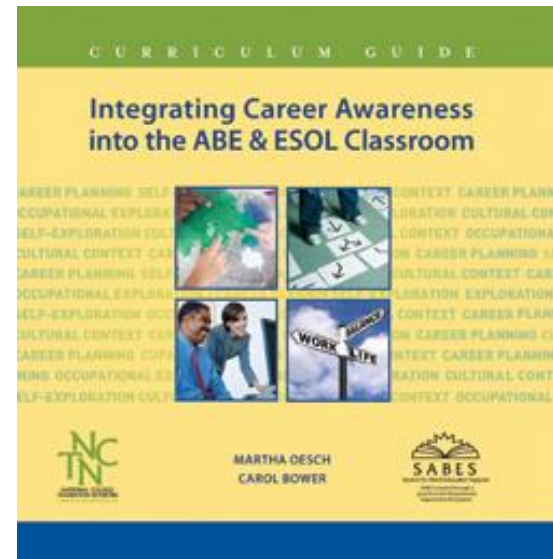


Career Planning Model



Career Awareness Curriculum

- ▶ Developed by SABES in collaboration with NCTN
- ▶ Geared towards all levels
- ▶ Designed for classroom instruction and/or counseling



Download link:

<http://www.college transition.org/docs/ICAcurriculumguide.pdf>

Cultural Context

- Awareness of the influence of families, cultures, networks
- Examining the lenses we each look through when viewing concepts of “career” and planning”
- Learning about students and their expectations, perspectives, experiences with work & employment



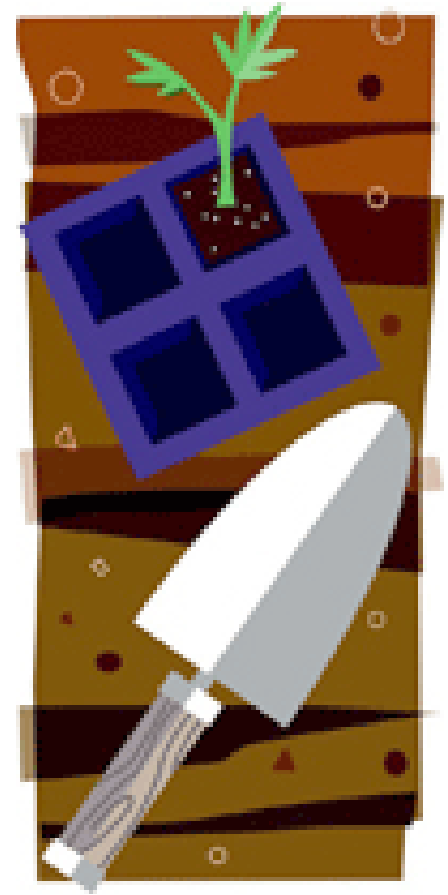
Cultural Context

- ▶ Influence of Friends and Family activity



Self Exploration Process

- Job Values worksheet
- Skills Identification worksheet



Occupational Exploration

- Career Exploration on the Internet
- Informational Interview



Career Planning Skills

- Jeopardy Game example
- College Awareness Assessment



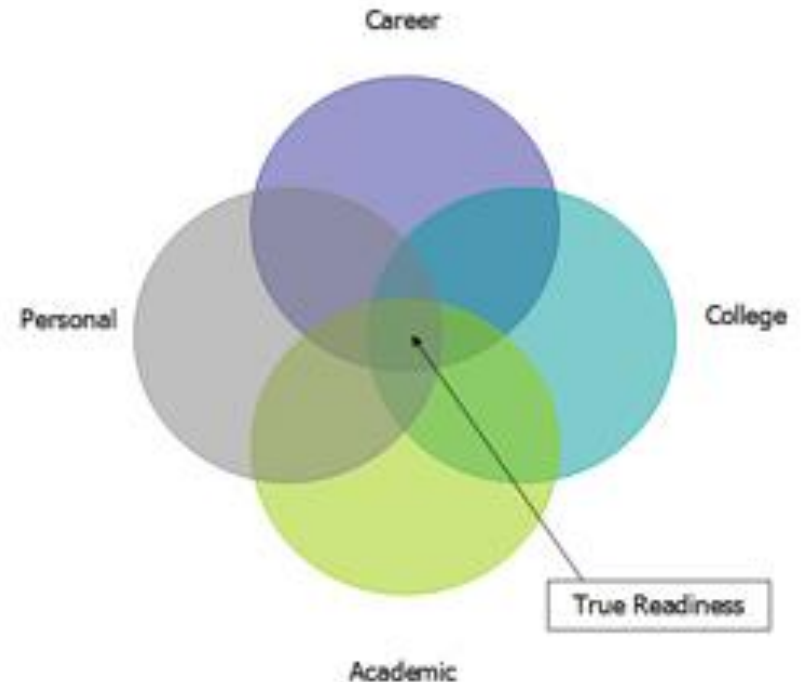
Integrating Career Planning and Exploration

- Lesson Planning template
- Career and Educational Planning worksheet



College and Career Readiness

- ▶ **Academic Knowledge and Skills**
- ▶ **College Knowledge**
- ▶ **Career Awareness and Plan**
- ▶ **Personal Readiness**



Thank you!

Priyanka Sharma
National College Transition Network
World Education, Inc.

psharma@worlded.org

 @PriyankaS0

Visit:

www.collegetransition.org

www.collegeforadults.org

Join us:

 @NCTN_WorldEd

 /NationalCollegeTransitionNetwork

